



## Specialty Drugs Trac

### Overview

As a trusted resource for making difficult cases easier to manage, LifeTrac® helps benefits payers manage the cost, risk and complexity of providing nationwide access to care for their members via highly specialized Tracs to facilitate better outcomes. Through our Specialty Drugs Trac, you will be able to obtain drugs at a discount. With our partners, you will have access to competitive drug pricing and the support and education your members need.



## Patient Compliance is Key

Specialty drugs provide targeted solutions to treat significant medical conditions. These drugs range from those that need to be administered by a health care provider either in an in-patient or out-patient setting, to those that can be self-administered at home. And, as costs continue to rise, accessing specialty drugs at reasonable rates can be a challenge. Many of these drugs require regular usage and are increasingly being used long-term to treat chronic conditions – the cost can add up quickly. Given the complex nature of the drugs as well as the disease being treated, patient compliance – using the drugs correctly – can be challenging and is key to better outcomes.

### Education

While it's great to obtain drugs at a discount, if the patient doesn't use them, or doesn't use them correctly, no one benefits. Through our Specialty Drugs Trac partners, you will receive comprehensive, specialized patient education and support. It is included in the discounted cost of the drugs to help your members utilize them appropriately and maintain compliance.

### High-Touch Care Model

Continuity of care is delivered by providing the same nurse for all patient specific infusions and there is coordination of home nursing services. Patients and their families can also be connected with national and local peer-based support

services. The program's high-touch model of care provides real time management and maintenance of the patient's products and ancillary supplies, with pharmacy to doorstep delivery. Dosage is reviewed to prevent waste and provide cost-effective options.

For example, a LifeTrac client had a member with hypophosphatasia (HPP). HPP is a rare inherited disorder that affects the development of bones and teeth. Strensiq® is the first and only prescription medicine available to treat perinatal/ infantile- and juvenile-onset HPP. The pharmacy was sending two 40 mg vials per dose. A review determined that one 40 mg and one 28 mg vial was appropriate. LifeTrac was able to obtain rebates and a deep discount on the drug resulting in a savings of over \$398,000 annually.



## Customized Plans

A customized plan is developed for each patient. Clinical experts systematically review the patient's care and progress, and are in constant communication with their physician. These experts may be able to suggest medication regimen modifications for more cost-effective solutions and/or better quality of life.

## Specialized Patient Care Services

At no additional cost to you, these specialty drug programs offer comprehensive specialized patient support; including 24/7 nursing and pharmacy support, supplies, and delivery.

## The LifeTrac Difference

LifeTrac focuses on delivering what you need, when you need it — experience, access, information and support — through easy-to-use web tools or personal consultation.

## Expert Support

Besides saving you money, we are here to provide clinical support as you manage your members with these complex conditions who require specialty drugs.

Let LifeTrac make difficult easier.

Contact LifeTrac today to learn  
how to access this Trac.  
(800) 968-8722

## Specialty Drugs Trac Programs

### Desensitization Therapy

Pre-transplant patients who are highly sensitized are administered intravenous immunoglobulin (IVIg) and other biologics that statistically increase the chances of successfully transplanting patients who were previously deemed not a transplant candidate.

### Immunosuppressive Therapy

Rejection of the transplanted organ is the most serious problem that can occur after transplant. After organ transplant, patients may take three primary types of medications to address organ rejection, infection and side effects.

### Hemophilia, von Willebrand disease & other bleeding disorders

Using a high-touch model of care with an optimized medication regimen could result in less waste, increased compliance and quality of life, and additional potential cost savings.

### Hepatitis C

Patients will be educated on all of the medications they've been prescribed, along with dosing instructions and possible adverse events, and will be monitored throughout their treatment through regular pharmacy interactions and refill reminder calls.

20%

It is estimated that noncompliance to immunosuppressive treatment is common after renal transplantation in more than 20 percent of patients, even higher in adolescents.<sup>1</sup>

60%

Not taking immunosuppressive medications as prescribed is associated with a 60 percent increased risk of kidney transplant failure.<sup>1</sup>

30%

Approximately 30 percent of patients who are awaiting a kidney transplant are considered "sensitized" and may be on a lifetime of dialysis.



Specialty  
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<sup>1</sup> Jac Kee Low, Allison Williams, Elizabeth Manias, Kimberley Crawford; Interventions to improve medication adherence in adult kidney transplant recipients: a systematic review. *Nephrol Dial Transplant* 2015; 30 (5): 752-761. doi: 10.1093/ndt/gfu204